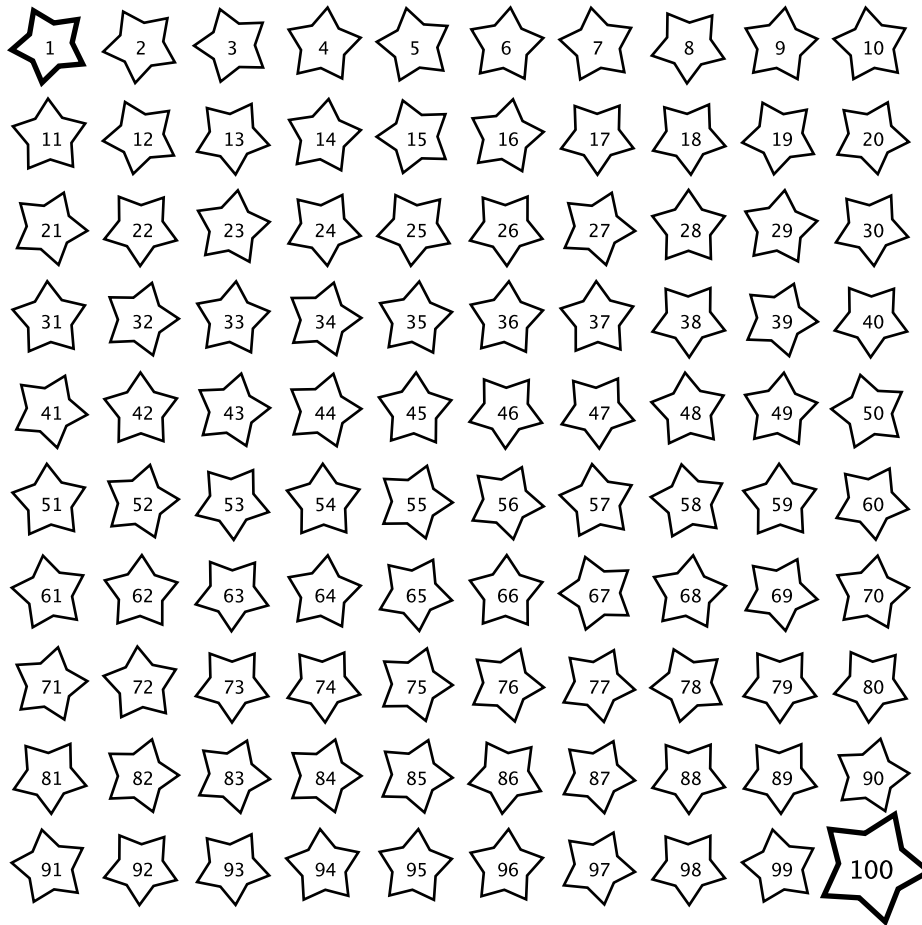


100 Day Club



Name:

You did it!

Start date:

End date:

Make a practice habit by committing to 100 days of practice! Practice days should be consecutive, five minutes is better than none. However, if you miss a day or two just pick up where you left off.

Register at triatone.com/100dayclub

Questions? Email sarah@triatone.com and include "100 day club" in the subject

Triatone - music practice made better